

Position Statement

Half of all life-long mental health problems in the UK start before the age of 14 and three quarters start before the age of 25. For many, the Covid-19 pandemic is likely to have exacerbated their mental health needs. Before the pandemic, the prevalence of mental disorders in children aged 5 to 16 was already increasing from 1 in 9 (2017) to 1 in 6 (2020). Anxieties caused by lockdowns, school closures, isolation from peers, bereavement, and the stresses on families have increased pressures. Nationally, frontline mental health services report a large increase in children and young people (CYP) needing help. Demand modelling suggests that 1.5 million CYP nationally may need mental health support due to the pandemic.

Risk and protective factors for mental health and wellbeing are well documented and include childhood abuse, trauma, or neglect, social isolation or loneliness, experiencing discrimination and stigma, social disadvantage, or poverty, bereavement, or being a long-term carer for someone. Understanding these factors can help us to target prevention activity to support mental health and wellbeing.

CYP's mental health has been a priority in Lincolnshire for many years and continues to grow in line with national and local importance. Lincolnshire has a strong emotional wellbeing and mental health offer, through from CYP public mental health promotion and early intervention to specialist and crisis support.

Evidence **pre-pandemic** showed:

- CYP's mental health needs were **assessed quickly**. Between Apr 2018-Mar 2020, 96% of CYP waited less than 4 weeks to access Healthy Minds Lincolnshire and the average wait for a Child and Adolescent Mental Health Services (CAMHS) assessment was 4.4 weeks (Jan 2020)
- Early intervention services were helping to **reduce referrals to CAMHS** whilst nationally referrals were increasing. Between Apr 2019-Mar 2021, 87% of discharges from Healthy Minds Lincolnshire needed no further support or universal support, only 2% escalated to CAMHS. Referrals to CAMHS reduced by 5% in 2019/20 and urgent referrals by 6%, whilst nationally referrals were increasing
- CYP recovered well and **maintained their emotional wellbeing after discharge**. The average re-referral rate was 7%, there were no re-referrals to CAMHS Eating Disorder Service
- Lincolnshire had **fewer CYP needing inpatient care**. In-patient admissions reduced from 68.9 (per 100k) in 2017 to 58.4 in 2019. Nationally admissions rose to 88.3 in 2019.

During the pandemic up to July 2021 in Lincolnshire:

- There was a 15.7% increase in referrals to CAMHS, whilst nationally these increased by 35%
- CYP Eating Disorder Service referrals increased by more than 250%
- There were 15% more clinical contacts than the national average
- 42% of clinical contacts were face-to-face, higher than the national average
- 22% of clinical contacts were digital, 5% higher than the national average
- More than 95% of education settings took part in the Wellbeing for Education Return training
- 92% of children had an emergency telephone response within 4 hours (national average of 83%), and the average emergency wait was 1.4 hours (the national average was 11 hours)
- The CAMHS Crisis and Enhanced Treatment Team successfully kept 97.7% of accepted referrals out of hospital during 2020/21.
- Inpatient numbers increased to 75.1 per 100,000 CYP but remained below regional/national averages, nationally inpatient numbers increased to 89.5 per 100,000

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- In the past ten years, there have been 0-1 completed CYP suicides recorded each year. Between early 2021 and 2022, six suspected/confirmed CYP suicides were reported. A thematic review was completed to gain learning from these sad deaths and actions set to help prevent further CYP suicides.

Since the pandemic, like the rest of the country, Lincolnshire's CYP mental health services have experienced significant challenges. The needs of children are reported to have increased and children are open to services for longer, reducing discharge rates. Pre-pandemic, CYP were open to CYP mental health services on average of circa. 100 days (14.2 weeks), this increased to an average of 150-200 days (21.4-28.5 weeks) since the pandemic. Workforce challenges, particularly the recruitment of highly specialist posts e.g. Psychiatrists and Psychologists, have impacted capacity at a time when it needs expanding. Locally, Lincolnshire Integrated Care Board increased its recurrent funding of CAMHS by £1.2m in 2022/23 to help increase capacity and reduce waiting times. This has had a positive impact as demonstrated below.

A CYP Mental Health Transformation Programme is in progress, jointly led by the Council and Lincolnshire Partnership NHS Foundation Trust (LPFT) with input from CYP and parents/carers with lived experience and other key local and national stakeholders. The Programme and its component workstreams will shape the strategic direction of travel for CYP mental health services. The programme will recommend a future model of CYP mental health services in Lincolnshire which will then be implemented subject to approval.

What we said we would do in 2022/23

Objective	Progress
Build emotional resilience and positive mental health	Good progress
Action on the wider determinants and their impact on mental health and emotional wellbeing	Good progress
Better understanding of self-harm/suicidal intent in young people	Good progress
Greater parity between mental health and emotional wellbeing as experienced for adults and CYP and between mental and physical health	Good progress
Ensure that young people have timely access to appropriate crisis services	Good progress
Families of young people with mental health needs are supported	Good progress
Ensure appropriate support services are in place for pupils with special educational need and/or a disability	Good progress

In 2022/23, we said we would...	We did...
Undertake a comprehensive review of CYP mental health and emotional wellbeing in Lincolnshire, including key learning from the pandemic	A CYP Mental Health Transformation Programme has commenced and is currently in the review phase, due to complete in early 2024. This will result in a programme of transformation that will help ensure we are able to continue providing strong mental health promotion, prevention and support that will meet the needs of CYP in the future.
Establish a Children and Young People's Suicide Prevention Task and Finish Group	A CYP Suicide Prevention group has been established to bring together relevant agencies and improve suicide prevention and response for CYP, families and communities in Lincolnshire. The group has developed and is monitoring a number of actions, including working with the Lincolnshire Safeguarding Children Partnership (LSCP) around actions arising from a Child Death Overview Panel (CDOP) thematic review into CYP suicides.
Increase access to early intervention support to maintain a strong early intervention/prevention	Increased investment in Healthy Minds Lincolnshire by Lincolnshire Integrated Care Board has been agreed. Funding will be used to maintain the countywide mental health prevention and promotion work with education settings and early, low-moderate intervention for CYP and

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offer whilst Mental Health Support Teams (MHSTs) are rolled-out	families in Lincolnshire, enabling recruitment to this part of the workforce alongside developing and increasing the workforce as more Mental Health Support Teams are recruited to.
Continue to roll-out Mental Health Support Teams across the county in line with NHS England timescales, building to an estimated 50% coverage by 2024/25	Roll-out of Mental Health Support Teams is continuing. Lincolnshire has four operational teams in Lincoln, Gainsborough area, Boston and Skegness. Three more have been recruited and, once staff complete their training, will go live in Spalding, Sleaford and Grantham areas in 2023/24. An eighth team will be recruited in 2023 to undertake their training in 2024 and go live January 2025 in the South Lincoln/North Kesteven area.
Invest in core and specialist community CAMHS to grow and strengthen our offer by increasing staffing to provide sufficient capacity to meet the increased demand, and growing our Here4You Lincolnshire access team to provide more effective advice and support at the 'front door'	We have increased staffing in CAMHS by over 30 Whole Time Equivalents across the community, eating disorder and peer support teams to provide sufficient capacity to meet the increased demand on specialist mental health services, address waiting lists and reduce waiting times. The Here4You Access Team was mobilised in January 2022 to provide a single point of access for community CYP mental health services. This includes screening and triage of all referrals into CYP mental health services, including self-referrals, and to provide a telephone line where CYP and those supporting them can access meaningful advice, support and signposting information. Recurrent funding has been secured for the team and additional short-term funding to further increase capacity.
Meet the increase demand for Eating Disorder support by increasing workforce capacity and achieve the access and waiting time standard and NHS Long Term Plan targets	A proportion of recurrent investment was allocated to the Eating Disorder Service in 2021/22 to increase the workforce capacity by recruiting a Physical Healthcare Nurse, a Dietitian, a Lead Psychologist, two registered Practitioners and a Systemic Therapist. More investment is required to further increase workforce capacity in order to meet NHS Long Term Plan targets and increased demand. Lincolnshire is on plan to improve Eating Disorder waiting times to target levels during 2023/24.
Increase the scope of the CAMHS Eating Disorder Service to deliver an evidence-based pathway for CYP presenting with Avoidant or Restrictive Food Intake Disorders (ARFID)	Regional pilots, learning and training specifically on Avoidant or Restrictive Food Intake Disorders has been rolled out to providers. Lincolnshire has been developing a pathway specifically for Avoidant or Restrictive Food Intake Disorders, and a comprehensive business case has been developed. Additional funding has been allocated to the Eating Disorder Service in 2023/24, which will support the recruitment of staff and implementation of an evidence-based pathway for CYP.
Implement a seamless physical health care pathway for CYP with an ED that spans primary care through to acute physical health care, offering a choice of how their physical health is monitored	In 2022/23, CYP-EDS secured GP time to support the physical healthcare monitoring required within the service, which has been very effective and eliminated all previous issues. System wide working has already been successful in establishing and building good working relationships between the mental health provider and the acute hospital provider in Lincolnshire. Investment is available to strengthen this through Paediatrician sessions with the CYP-EDS team, however so far lack of capacity/interest means this has not progressed.
Improve monitoring for those at risk of admission to specialist mental health inpatient or currently inpatient	We have developed and are currently implementing new processes in Lincolnshire to improve monitoring for those at risk of admission and discharge planning for CYP inpatients. Using a new digital dashboard to review data and information more effectively as part of new Urgent Care Pathway meetings to support discharge planning.
Improve transition and support for 18-25 year olds	Transition Clinical Leads have been recruited into each of the community CAMHS teams and the Eating Disorder Service to review current transition protocols and build strong links with adult mental health services, link with Primary Care Networks and local communities to

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	understand the wider support offer, provide support in the community and remotely to ensure that CYP feel supported as they transition.
Implement Keyworking for CYP with a Learning Disability or Autistic CYP who are at risk of admission to a specialist inpatient provision	The Lincolnshire CYP Keyworker team went live from April 2023, consisting of keyworker practitioners and support, peer support and admin. The team work closely with CYP and families to advocate on their behalf to ensure they feel supported throughout their involvement with services at a time of crisis, ensuring partners work together effectively and that CYP are considered holistically and feel informed, supported and happy with the agreed outcomes, plans and delivery throughout their recovery.

What's Working Well – key Achievements 2022/23

- Lincolnshire Partnership NHS Foundation Trust's mental health services for CYP have been rated outstanding by the Care Quality Commission in their last two inspections, most recently in 2020.
- We wanted to make it much easier in Lincolnshire for families and professionals to access advice and support, including making self-referrals for all CYP mental health services, so a new CYP Mental Health Services Access Team was piloted. Professionals, parents or CYP can call the dedicated line to speak to a clinician for advice, information or to self-refer. Joint referral screening takes place across services so families do not have to navigate through different referral pathways. It has helped greatly improved the number of referrals going to the right place first time. Funding has been secured to make this team a recurrent path of the pathway.
- The CYP Mental Health Services Access Team have had made some great progress with joint working across Lincolnshire's County Council's Early Help 'front-door', with a live interface to allow either team to raise any queries about signposting or referral to services.
- Lincolnshire has continued to support the national roll-out of Mental Health Support Teams, recruiting to another three teams during 2022/23, with staff having commenced their training ready for these teams to go live in 2023/24. These will be in the Spalding, Sleaford and Grantham areas, which will mean that there is at least one team in each district area across Lincolnshire.
- Whilst demand overall has increased since the Covid-19 pandemic, referrals in general have become more stable making it easier to forecast and manage. There has been a significant focus on the increase in referral to the CAMHS Eating Disorder Service, where capacity has been increased to meet the new demand and work undertaken to meet the national wait targets for these referrals wherever possible. CAMHS community teams have also seen a significant improvement in the number of CYP waiting for treatment following assessment, and over a 40% reduction in those waiting more than 12 weeks, in line with a trajectory to have no CYP waiting more than 12 weeks by March 2024.
- Lincolnshire secured funding for a digital crisis pilot to take place during 2023/24, to improve support available to families who present in crisis, with access to online counselling support following crisis as an additional part of Lincolnshire's urgent and emergency support offer.
- Lincolnshire County Council has recruited 10 participants in its Early Help service to undertake additional training around support the emotional wellbeing and mental health of CYP to further strengthen Lincolnshire Enhanced Evidence Based Practitioners offer.
- Barnardo's, in partnership with Lincolnshire Partnership NHS Foundation Trust, recruited a Leaving Care Mental Health Worker to support care leavers and their workers to raise awareness and improve planning and support around their mental health needs, which has recently been highlighted in relation to overall support for care leavers in Lincolnshire by Ofsted.
- Additional investment had been made to support commissioning of CYP mental health services, recognising the increasing national focus in this area and the need for greater oversight to ensure services are commissioned and managed to best meet the local population's needs.

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What is the outcome?

Outcome	Progress/Impact
Increased awareness of mental health specifically in regard to the needs of CYP	↑
Increased access to emotional wellbeing and mental health support for CYP in Lincolnshire	↑
Children from higher risk groups receive the interventions they need and are supported at times when their mental health and emotional wellbeing is put under strain	↑
Reduction in Accident & Emergency attendances and hospital admissions attributed to self-harm and attempted suicide	↑
Children's needs are reflected in Integrated Care System plans	↑
Young people have access to timely support when in crisis	↑
Parents will have a better understanding of child development and how to nurture resilience and positive emotional mental health	↑

Referrals/Access to CYP Mental Health Services

As at Jan 2023, Lincolnshire is achieving 87% of its local CYP mental health services access target; 7,920 CYP in the last 12 months have received one or more contacts. Mental Health Support Teams in Lincolnshire are performing better than any other area in the region with 3,260 contacts between Feb 2022-Jan 2023. There are a number of local services that will begin reporting their contacts to NHSE which should further help the target to be met and several new services are being explored that will further widen access to services.

Out of 1,217 referrals to Lincolnshire Partnership NHS Foundation Trust's CYP mental health services so far in 2022/23, 93% were accepted for support, with the rest found not appropriate, not needing support following assessment, or more appropriate for other services. Up to the end of December 2022:

- Primary referrers were General Practices (31%), schools (21%), parents/carers (20%), young people self-referral (11%) and internal CYP mental health services (10%).
- 60.7% of referrals were for females and 39.3% males.

Kooth online counselling quarter 3 2022/23 reporting demonstrated:

- The top three presenting issues were anxiety/stress, suicidal thoughts and self-harm.
- 65% of users were female, 27% male and 8% nonbinary; 47% of males presented with suicidal thoughts compared to 26% of females.
- 65% of logins were outside of office hours (9am-5pm), the highest concentration accessing between 5pm-9pm.
- 808 Lincolnshire CYP logged onto Kooth an average of 14 times per CYP, with the largest age group being 13 to 16 years.
- CYP visiting the Kooth platform engaged in various activities:
 - 85% used the messenger function with a counsellor
 - 52% created journals
 - 21% had chats with a counsellor
 - 11% accessed forums, activities and articles.

Waiting Times for CYPMHS

In February 2023, across all Lincolnshire commissioned CYP mental health services, 68.4% of CYP were assessed within 4 weeks (Mental Health Statistical Data Set). This is higher than national and regional data.

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There has been a significant focus in Lincolnshire on reducing the treatment waits for core community CAMHS teams since 2021, particularly those CYP waiting over 12 weeks, as at the end of December 2022:

- Waiting times from referrals to treatment were;
 - Healthy Minds Lincolnshire – approximately 18 weeks.
 - Mental Health Support Teams – approximately 6.2 weeks.
 - Community CAMHS – approximately 16 weeks.
- There has been a 36% reduction in number of CYP on the CAMHS waiting list (404 at its peak in May 2022 to 258 in February 2023) and a 42% reduction in CYP waiting more than 12 weeks for CAMHS treatment (from 283 at its peak in February 2022 to 165 at the end of February 2023).
- All CYP and their families waiting for treatment now receive support from Family Support Workers via monthly contact to support, this also includes help such as signposting or self-help whilst waiting.
- The CAMHS Learning Disability team has achieved 100% of their wait to assessment targets in quarter 3 2022/23, has no children waiting for treatment and are above target for wait times.

On average as at quarter 4 2022/23, CYP were open to CYP mental health services for 28.1 weeks.

Average Actual Length of Service (weeks)	Quarter 4 2022/23
CAMHS community teams (including Learning Disability team)	49.2
CYP Eating Disorder Service	29.5
Healthy Minds Lincolnshire	17
Mental Health Support Teams	16.8
Average	28.1

Impacts and Outcomes of CYP Mental Health Services

- For CYP discharged from CYP mental health services, 59% of those showed a positive change in their outcome by an average score of 5.1.
- 85% of CYP supported by Healthy Minds Lincolnshire did not need any further treatment or were discharged back to universal services, with low re-referral rates maintained.
- 100% of CYP who accessed workshops and provided feedback reported a positive impact on their emotional wellbeing concerns and 100% of parents/carers who accessed workshops said the workshops had had a positive impact on their confidence to better support their child's emotional wellbeing concerns.
- 100% of professionals who accessed training and provided feedback said the training had had a positive impact on their confidence in supporting CYP's emotional wellbeing concerns.
- An average of 87% of CYP who engaged in therapeutic alliance through counselling chat sessions would recommend Kooth to a friend.
- Based on 2021/22 data, Lincolnshire performed better than both the East Midlands and National averages for hospital admissions for mental health conditions under 18 years (76.3 per 100,000) and hospital admissions as a result of self-harm for 10-24 years (332.1 per 100,000).

CYP Mental Health Services Stakeholder Feedback

Young Person after accessing Kooth online counselling:

- *"Thank you honestly, I never think that what I write will affect anyone... so thank you for telling me... you have really helped me along the way, I wouldn't have stood up in front of everyone and spoke, and I would have never shared my poetry without your support... despite everything I am so grateful to have had you by my side... now I am going to be honest with you, and I need you to know just how much you've helped me... I know I wouldn't still be here without you, you've saved my life on more than one occasion you've been the only one to listen without judgement and still treat me like a normal person, and that means more than you can ever imagine... thank you 😊"*

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Here4You Access and Advice Line

- *“Helpful advice from professional about what CAMH service would offer for a client. Friendly member of staff who cares about the client! Sent useful resources. Thank you xxx”*
- *“All the things gone smooth and professional. The team explain the next step very clearly.”*
- *“The service let me know what was happening at every step, from waiting to speak to a call handler, to waiting to be put through to a practitioner and then what would happen after the initial triage. I felt both listened to and heard and supported also. Both call handler and practitioner were very approachable and professional.”*

Healthy Minds Lincolnshire Worries and Fears Group – Young Person

- *“Thank you so much, I wasn't sure if the group was really for me but it's really helped me.”*

Healthy Minds Lincolnshire Worries and Fears Group – Parent

- *“I felt I needed to email you to thank you and [XXX] personally for your involvement with the Fears and worry group. G has slept for 29 nights and even though I know we will have sleepless nights in the future we all go to bed not worrying about waking every night. G is so much happier and has continued to do her “happy jar” every day, she has her soothing box which she takes great pride in next to her bed which she says she will never use as she sleeps all night but has it for reassurance. You both demonstrated such positive attitudes to our children and their worries; this has given me a positive outlook for G and her worries and we will continue to move forward together.”*

Healthy Minds Lincolnshire 1:1 Support – Young Person

- *“Yes I would come back to you if I needed to and tell my friends about you. [XXX] was great to work with always helpful, knew what to say, what to do and nothing seemed too much for her. At first felt embarrassed but she made me comfortable and showed me everything was going to be ok. Our sessions were fun but also serious. She never JUDGE me EVER, HUGE thumbs up.”*

Healthy Minds Lincolnshire 1:1 Support – Parent

- *“The Teams meetings made it convenient for us to fit in and also meant that we didn't have to leave home or go anywhere new that my daughter might have struggled with.”*

CAMHS Core Community Team – Young Person

- *“Thank you so much for all your support and everything you have done for me. You never gave up on me especially when I went through my dark patches and pushing you away when you was trying to help me. Without your support I really don't know where I would be right now. You never gave up on me. You're amazing! You have no idea how much your help has meant. Without rain there are no flowers. Thank you so much.”*
- *“Thank you so much for your help I would not have been able to leave the house and get my hair cut without you.”*

CAMHS Core Community Team – Parent

- *“The strategies and tools [XXX] gave us enabled us to support our daughter through a very difficult time and has given us hope that our daughter will get better. Both myself and my daughter looked forward to our sessions with [XXX] as she made us feel that recovery was achievable even in a very dark time. [XXX] helped my daughter to realise that she is not alone in how she is feeling, and that has made the biggest impact to her. I can't thank [XXX] enough for all the support and compassion she has shown my family, she is exceptional at her job and a true hero of the NHS.”*

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CAMHS Crisis – Young Person

- *“Thank you so much for literally everything you've done for me. It's truly been a privilege to have had access to such an amazing team/service. Thank you for helping me find my wings to fly again. Forever in your debt.”*
- *“The staff listened to me and it felt like they actually wanted to help. I think it's good that the Crisis Team were able to help prevent me going to hospital rather than being involved after going to hospital.”*

Complex Needs Service – Young Person

- *“Thank you so much for listening and helping me and [XXX] get to the bottom of it all. He doesn't trust easy but he trusts you. He turned 18 last week and refused to even speak or see his dad. He hasn't seen him since the day he came out of custody. I wish you had been around to help us sooner and maybe things wouldn't have got so bad and troublesome for him and my little family. Your amazing at what you do. Would you pass my thoughts and thanks to [XXX] too when you see her. You've both made a big difference in [XXX's] life and in mine.”*

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EMOTIONAL WELLBEING AND MENTAL HEALTH (CYP) JOINT HEALTH & WELLBEING STRATEGY PRIORITY - PLANS FOR 2023/24

Action	How will we know it's working?	Relevant Strategy / Action Plan	To be delivered by	Lead Organisation	Lead Officer
Undertake a comprehensive CYP Mental Health Review and Transformation Programme	Highlight reports presented at Programme Oversight Group and escalation reports to Mental Health Joint Delivery Group	Lincolnshire's Local Transformation Plan Lincolnshire Integrated Care System 2023/24 System Plan	Review – March 2024 Transformation – August 2027	LCC (Commissioner) LPFT (Provider)	Charlotte Gray / Eve Baird
Increase investment in early, low/moderate intervention and more preventive and community support for CYP, with growth in use of Voluntary, Community & Social Enterprise (VCSE) sector delivery/ community asset development	Increase in access to CYP mental health services Demonstrate investment in CYP mental health services Pilot CYP grants programme with VCSE sector and increased access via community support	CYP Mental Health Transformation Programme Lincolnshire's Local Transformation Plan Lincolnshire Integrated Care System 2023/24 System Plan	March 2024	LCC (Commissioner) LPFT (Provider)	Kevin Johnson / Amy Butler
Continue roll-out of Mental Health Support Teams in Lincolnshire as part of national programme with schools/colleges	Successful go live of Wave 7 and 8 sites in Lincolnshire, and recruitment to Wave 10 team	Lincolnshire's Local Transformation Plan Lincolnshire Integrated Care System 2023/24 System Plan	March 2024	LCC (Commissioner) LPFT (Provider)	Kevin Johnson / Amy Butler
Further strengthen CAMHS offer with increased capacity to meet demand and address waiting lists	Reduction in number of CYP waiting for support and particularly those waiting more than 12 weeks for treatment	Lincolnshire's Local Transformation Plan Lincolnshire Integrated Care System 2023/24 System Plan	March 2024	LCC (Commissioner) LPFT (Provider)	Kevin Johnson / Amy Butler
Increase eating disorder workforce capacity to respond to the significant increase in volume and acuity of eating disorder referrals, to meet the national access and waiting time standards	Achievement of national waiting time standards for CYP referred to the Eating Disorder Service (4 weeks routine and 1 week urgent)	Lincolnshire's Local Transformation Plan Lincolnshire Integrated Care System 2023/24 System Plan	March 2024	LCC (Commissioner) LPFT (Provider)	Kevin Johnson / Amy Butler
Pilot an evidence-based specialist pathway for CYP with Avoidant or Restrictive Food Intake Disorder	Recruitment to posts and successful implementation of pathway in Lincolnshire	Lincolnshire's Local Transformation Plan Lincolnshire Integrated Care System 2023/24 System Plan	March 2024	LCC (Commissioner) LPFT (Provider)	Kevin Johnson / Amy Butler

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Action	How will we know it's working?	Relevant Strategy / Action Plan	To be delivered by	Lead Organisation	Lead Officer
Further improve physical health monitoring for CYP with an eating disorder in Lincolnshire	All CYP are able to access appropriate monitoring	Lincolnshire's Local Transformation Plan Lincolnshire Integrated Care System 2023/24 System Plan	March 2024	LCC (Commissioner) LPFT (Provider)	Kevin Johnson / Amy Butler
Continue to improve transition pathways for 18 to 25-year-old's	Redesigned transition pathways and fewer reports of 18-25-year-olds being discharged purely based on age, supported into appropriate adult provision	Lincolnshire's Local Transformation Plan Lincolnshire Integrated Care System 2023/24 System Plan	March 2024	LCC (Commissioner) LPFT (Provider)	Kevin Johnson / Amy Butler
Continue to implement and embed CYP Complex Needs Service, CYP Keyworking, and Urgent Care Pathway inpatient monitoring and discharge planning	Increased number of complex CYP accessing support via Complex Needs Service Number of CYP with Learning Disabilities and/or Autism at risk of hospital admission or inpatient supported by a Keyworker More effective discharge planning and fewer bed days	Lincolnshire's Local Transformation Plan Lincolnshire Integrated Care System 2023/24 System Plan	March 2024	LCC (Commissioner) LPFT (Provider)	Kevin Johnson / Amy Butler
Improve pathways from primary care through Primary Care Mental Health Practitioner Additional Reimbursement Roles pilot	Number of CYP Additional Reimbursement Roles recruited and number of contacts via Primary Care Networks	Lincolnshire's Local Transformation Plan Lincolnshire Integrated Care System 2023/24 System Plan	March 2024	LCC (Commissioner) LPFT (Provider)	Kevin Johnson / Amy Butler
Oversee digital crisis pilot across Lincolnshire Partnership NHS Foundation Trust CYP mental health services and Kooth	Evaluation and KPIs for pilot No of CYP supported via digital crisis support, improvement in paired outcome scores	Lincolnshire's Local Transformation Plan	December 2023	LCC	Kevin Johnson
Oversee roll-out of Suicide First Aid training to key CYP workforce across Lincolnshire	Evaluation of training by attendees following training and 6 month's post-training	Suicide Prevention Steering Group action plan	August 2024	LCC	Kevin Johnson
Continue to oversee and implement relevant actions to improve CYP suicide prevention	Monitoring of actions as part of CYP Suicide Prevention group and feedback from members/families	Suicide Prevention Steering Group action plan	March 2024	LCC	Kevin Johnson